



Puppy Walks & Walks to Nowhere on Leash in The Home

Introduction

Once you have your puppy willing to follow you around off the leash in the house, you are now ready to introduce them to walking on the leash.

It is important to remember that anytime your puppy is on leash, if they pull, you do not follow them! If you follow your puppy when they are pulling, they will learn that they can pull to wherever they want to go. Instead, stop and wait for them to orientate to you again or pick a different direction to move in. Stopping, or moving in a different direction, is what we call “Walks to Nowhere.”

How to Introduce Puppy Walks and Walks to Nowhere

- ☐ Stage 1 - Watch Puppy Walks Video:

[Video - Puppy Walks](#)

- ☐ Stage 2 - Start inside with your puppy ON THE LEASH and start by encouraging your puppy to take a couple of steps with you. To begin with, as you have introduced a big, new variable (the leash!) you may have to lure your puppy with a treat in your hand just like in the “Follow Me” exercise. As your puppy becomes more confident with walking on the leash, you can just use your flat hand with no treat as a physical cue and reward your puppy after a couple of steps. Eventually, we will fade the flat hand cue as well.
- ☐ Stage 3 - In the same room, gradually build up to your puppy being able to take 10 steps with you on the leash, without a food lure, before being rewarded. For now, the steps do not need to be in a straight line so you can change direction to keep your puppy’s attention if they start to lose interest.



☐ Stage 4 - Move to a different room inside your home and build up to 10 steps.

☐ Stage 5 - Move to a third room inside and build up to 10 steps.

Once your puppy is confidently walking 10 steps or so with you on the leash, without a food lure, and without getting distracted, in multiple rooms in your home, you can move onto the next exercise:

Puppy Walks and Walks to Nowhere on Leash Outside the Home