



Age Appropriate Obedience Skills

Below is a general guideline of age-appropriate obedience exercises you can work on with your foster puppy. It's important to remember that all puppies learn and progress at different paces, so this is by no means something you need to adhere to. It's better to take your time with obedience training rather than rushing to teach them things they may not be ready for.

All Ages

- Look at That/Distractions
- Body Handling/Grooming Practices
- Let the Dog Relax/Downtime
- Sound Desensitization
- Novel Surfaces

8 - 10 Weeks

- Eye Contact
- Name
- Crate Games
- Following Around/Puppy Walks

10 - 12 Weeks

- Introduce Let's Go
- Trips to Nowhere (House/Driveway/Yard)
- Sit Intro
- Down Intro
- Recall
- Keep Working on 8-10 Week Skills

12 - 16 Weeks

- Sit/Down Adding (a little) Duration
- Leash Walking (Short walks/Sniff walks)
- Give
- Wait & Free (Feeding/Crate/Doors)
- Leave It Intro
- Keep Working on Previous Skills

4 - 6 Months

- Heel Intro
- Bed Intro
- Recall With More Distance
- Stay/Wait (Distance/Duration)
- Short Loose-Leash Walks

6 Months & Older

- Proofing all skills with variables added. Adding distance, duration and distractions to challenge your puppy!